



MINDHEALTHY[®]

powered by C³ HealthcareRx





Meet Our
Behavior
Care
Managers

Kristin Smith

MSN, ANP-BC, PMHNP-BC—Nurse Practitioner

• ***Description:***

- 17+ years-experience in healthcare
- Adult Nurse Practitioner in NC
- Psychiatric Mental Health Nurse Practitioner in NC

Personal Description:

- Experience as an RN in the inpatient arena working primarily in the cardiac step-down/acute care populations. Over 7 years-experience as an adult nurse practitioner, practicing in an outpatient internal medicine practice. Psychiatry experience includes predominately outpatient work in addition to collaborative care as well as teaching in the PMHNP program at Duke and precepting PMHNP students.

Education:

- Hawaii Pacific University—Bachelor of Science in Nursing
- Duke University School of Nursing—Master of Science in Nursing—Adult Nurse Practitioner with a Cardiovascular Specialty
- Duke University School of Nursing—Post-Graduate Certificate—Psychiatric Mental Health Nurse Practitioner



Dawn Dundas

Licensed Clinical Social Worker (LCSW) -- Manager of Field and Clinical Support

- ***Description:***

- 10+ years of experience
- Licensed Clinical Social Worker in AR, NC, FL

- ***Additional Experience:***

- Autism
- Behavioral therapy
- Child and family counseling
- Cognitive behavioral therapy
- Crisis intervention
- Crisis management
- Group therapy
- Individual and group counseling
- Mental health counseling
- Trauma focused CBT
- Work with LGBTQIA+ population

- ***Education:***

- George Williams College of Aurora University—B.S. in Social Work
- George Williams College of Aurora University—Masters in Social Work



Leslie Ortiz

LMSW-CC; Ed.D (s); Lead Clinical Behavior Care Manager

Description:

- Ten years' experience in mental health, social work and therapy
- Clinical Social Worker in PR
- Working on Doctorate Degree in Counseling

Personal Description:

- Experience as a Clinical Social Worker and therapist in private practice with individual, group, family and couples therapy for over five years. Same amount of time providing services to patients referred by the Criminal Justice System (Substance Abuse, Child Abuse, Domestic Violence, Anger Management and Sexual Offenders). Three years of experience as a Program Director of an Evidence Based Program that offered services to 750 students in 2017 by a group of 18 employees. Compliance in 100% of the institutional and programmatic goals, including fidelity, sample, retention and graduation of participants. Four years of experience supervising Clinical Social Workers and Interns. Over five years of experience working with the Immigration System, Office of Refugee Resettlement as a Clinical Counselor of unaccompanied minors (ages 13-17) seeking asylum.

Education:

- Interamerican University of Puerto Rico Doctorate in Education in Counseling (pending dissertation)
- Interamerican University of Puerto Rico- Master's in Clinical Social Work completed in 2015.



Felipe Kristopher Blue

Licensed Clinical Addiction Specialist (LCAS), Licensed Clinical Mental Health Counselor Associate (LCMHCA), Certified Clinical Supervisor (CCS), Dialectical Behavioral therapist--Behavioral Care Manager

Description:

- 15+ years experience
- Licensed Clinical Addiction Specialist

Personal Description:

Additional Experience:

- Crisis prevention intervention certified
- Trauma focused CBT
- Wellness management recovery
- Wellness recovery action plan
- Critical time interventions
- Crisis response team
- NCI, CPR and First Aid

Education:

- Springfield College—B.S. in Human Services
- Webster University—Masters in Clinical Mental Health Counseling



Kiera Clemmons

Provisional Licensed Clinical Social Worker (LCSW) and Licensed Clinical Addiction Specialist (LCAS)

Description:

- Specializes in addressing challenges related to anxiety, depression, and substance disorders.

Experience:

- Paid internship during graduate school focused on working with adolescents in day treatment.

Personal Description:

- Kiera Clemmons is a dedicated professional with expertise in providing support and counseling for individuals facing anxiety, depression, and substance disorders. With a strong academic background and hands-on experience, she brings valuable skills to her role as a Behavioral Health Manager, where she continues to make a positive impact in helping others overcome their challenges.

Additional Experience: Addiction counseling during graduate studies.

Education:

- Social Work from East Carolina University (2019)
- Advanced Standing Program in Social Work (2020)



Maira Carrillo

Licensed Professional Counselor, Licensed Chemical Dependency Counselor-Intern

- 6+ years experience

Personal Description:

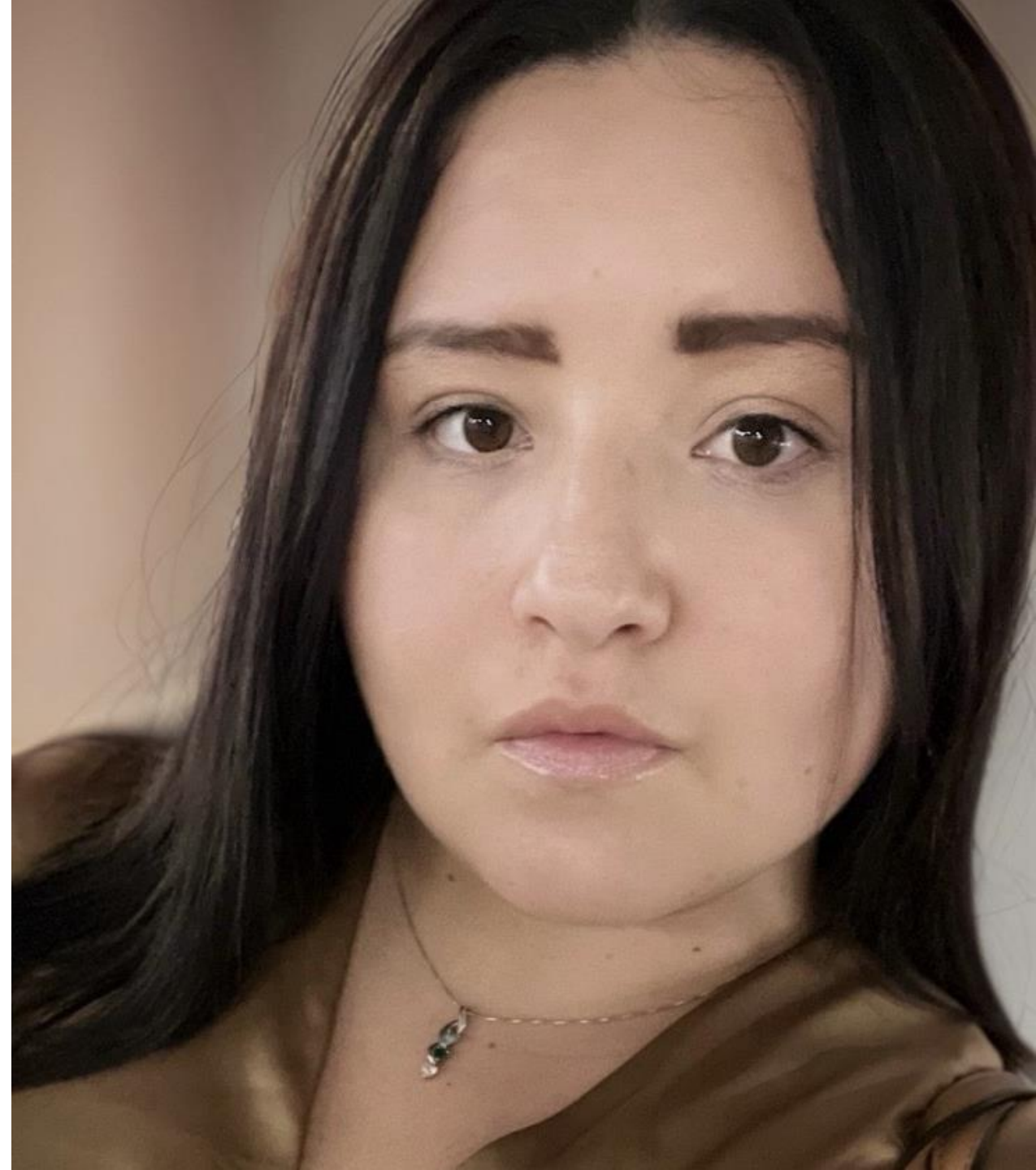
- After graduating with a master's in clinical Mental Health Counseling, I began working with shelters and children ages 1-17 for about four years of my career as well as leading the clinical department. Wanting to expand my knowledge and expertise, I have been in Private Practice since 2021 and worked with populations ranging from children to senior age. I have gained experience in individual counseling, group setting, family and marriage counseling as well.

Additional Experience:

- Autism
- Behavioral therapy
- Child, family and couples counseling
- Cognitive behavioral therapy
- Crisis intervention
- Immigrant children
- Trauma based therapy
- Group therapy
- Individual and group counseling
- Work with LGBTQIA+ population

Education:

- Georgia State University- B.S. in Psychology
- University of St. Thomas- Master in clinical Mental Health Counseling



Shirria McCullough

Licensed Clinical Social Worker in NC, VA, MD, SC

Experience:

- 10+ years working with individuals with mental health diagnosis

Personal Description:

- As a behavioral health manager, I bring extensive experience in providing targeted anxiety therapy for Generation Z individuals and depression therapy for millennials. My approach involves recognizing the distinct characteristics and stressors of each generation, ensuring interventions are tailored to resonate with their unique perspectives.

Additional Experience:

- Through my experience, I've successfully applied behavioral therapy techniques to empower clients in modifying negative behaviors, promoting healthier coping mechanisms, and fostering sustainable positive change.

Education:

- Barton College, BSW
- East Carolina University MSW



Alana Artis

Licensed Clinical Social Worker Associate in NC

Personal Description: Mental Health Therapist with several years of experience working with children, adolescents, and adults in various settings including schools, outpatient, non-profits, and communities. I am passionate about helping families achieve a thriving and functional lifestyle. A major focus of my work has been aiding clients in identifying strengths, creating goals, and outlining steps to achieve them. Additionally, I help client's with reducing stress through the development of healthy coping strategies and Cognitive Behavioral Therapy.

Additional Experience:

- Community Outreach
- Coping skills
- Case Management
- Play Therapy/Role Playing
- Cognitive Behavioral Therapy
- Children and Adolescents
- Depression/Anxiety
- Cognitive Behavioral Therapy
- Christian Counseling
- Strengths based approach
- Suicidal ideation/thoughts

Education:

- St. Andrews University - B.A. in Psychology
- North Carolina Central University- Masters in Social Work



Denise Coyne

MAPC, LPC in MO and VA, LCMHC in NC

Experience:

- I have worked in the Behavioral health field since Oct 2013. I started working for an organization that provided therapy for children and adults with history Sexual trauma.
- In January 2015, I worked for BJC behavioral health in St Louis MO as a Clinical case manger until October 2016, then worked for Mercy Health System in St. Louis MO as a clinical , I facilitated groups for adolescents and adults, separately who have a dal dx fir BH and SUD. I also provided family therapy. In November 2017 I started working for Wellcare Health plan as a BH Case manager for year and then moved to Utilization manager in November 2018. Anthem purchased division I worked for MissouriCare in January 2020.

Personal Description:

- I grew up in a home where generational dysfunction was evident and knew that I wanted to change the course of my family when I started my own, and to hopefully do things in a healthier way. when I was in Undergrad in 2010, I had a cousin die by Suicide. At that time, I realized that I wanted to work in a field where I could offer Hope and Help is available.

Additional Experience:

- I am a trauma certified Clinician.

Education:

- Bachelor of Arts in Psychology- Graduated in May 2012 from McKendree university in Lebanon , Il
- Master of Arts in Professional Counseling -Graduated in July 2014 from McKendree University in Lebanon Il



Quanita Small

Licensed Clinical Social Worker (LCSW)

Licensed Clinical Addiction Specialist (LCAS)

Description/Experience:

- 10+ years of experience
- Licensed Clinical Social Worker in NC

Personal Description:

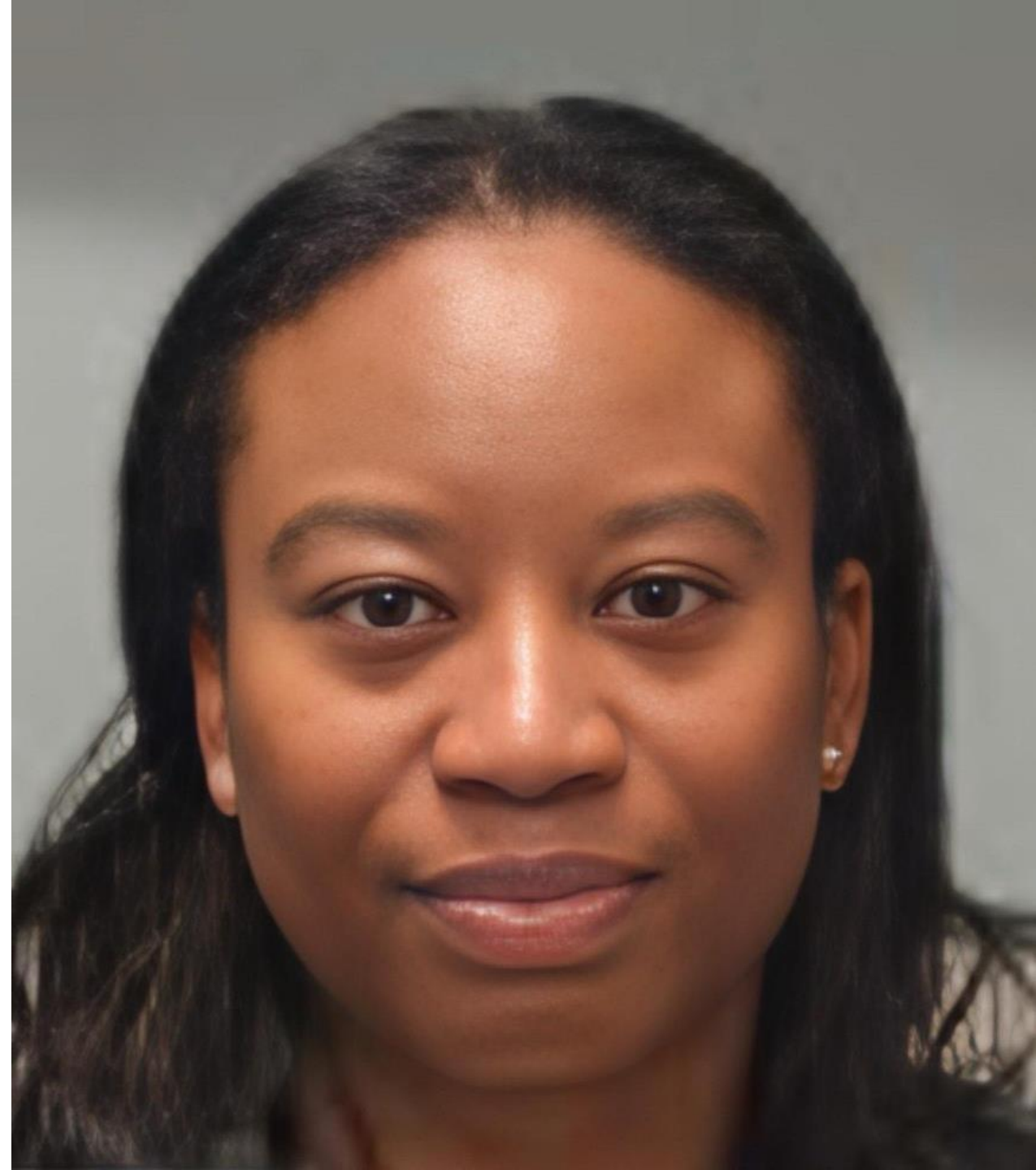
- *My purpose is to provide mental health therapy to assist individuals to have a productive and satisfying life. I provide evidence-based treatment models such as cognitive behavioral therapy, motivational enhancement therapy, and solution focus therapy in my practice. I will tailor our dialogue and treatment plan to meet your unique and specific needs.*

Additional Experience:

- Cognitive-behavioral therapy (CBT)
- Motivational enhancement therapy
- Solution focused therapy
- Individual therapy
- Group therapy
- Substance use

Education:

- University of South Carolina, Columbia, South Carolina
 - Major: Social Work, Master of Social Work Degree, May 2011
- University of North Carolina at Charlotte, Charlotte, North Carolina
 - Major: Social Work, Bachelor of Social Work Degree, May 2010
 - Minor: Sociology



Lorena Quintana Gallion

Licensed Master Social Worker (LMSW)-Behavioral Care Manager

Description:

- 5 years of experience
- Licensed Master Social Worker in Texas

Personal Description:

- *Worked with undocumented immigrant children from ages 13 -17 as a clinical counselor for 4 plus years. I also worked with*
- *the Salvation Army as a case manager providing services to the newly housed homeless population. I was with AmeriCorps for eight months as a health advocate providing case manage services to patients.*

Experience:

- Child and family counseling
- Cognitive behavioral therapy
- Crisis intervention
- Group therapy
- Individual and group counseling
- Mental health counseling
- Trauma Informed Care
- Work with LGBTQIA+ population

Education:

- Stephen F. Austin University—Bachelors in Social Work
- Stephen F. Austin University—Masters in Social Work



Dazzmen Davis

Licensed Mental Health Counselor - Behavioral Care Manager

Description:

- 5+ years of experience
- Licensed in North Carolina

Experience:

- Cognitive Behavioral Therapy
- Person-centered therapy
- Strength-based
- Motivational Interviewing
- Individual and group counseling
- Young adults
- Persons of color

Personal Description:

- *Greetings, I am Dazzmen Davis, LCMHC I have a passion for assisting individuals battling daily life stressors, life transitions, anxiety, and depression. I have worked with a variety of individuals in various clinical and community settings.*

Additional Experience:

- Life transitions
- Work-life balance
- Depression
- Anxiety
- Stress management
- Communication
- Boundary setting

Education:

- Winston Salem State University
 - Bachelors of Arts In Psychology
- North Carolina Agricultural and Technical State University
 - Masters of Science in Mental Health Counseling (Clinical)



Jazmin Roberts

Licensed Clinical Mental Health Counselor (LCMHC) --Behavioral Care Manager

Description:

- 10+ years of experience
- Licensed Clinical Mental Health Counselor. NC, FL, WA

Personal Description: I have been practicing as a counselor for 12 years. I have a master's degree in mental health counseling and am in the dissertation phase of my doctorate in behavioral health. I will graduate on 12/24. I take the humanistic approach when partnered on your journey. I utilize a trauma-informed care lens; I am constantly learning. I provide psychoeducation in Nutrition and integrative medicine to help improve patients' mental health and well-being; I am EMDR trained, a doula, hypnotherapy trained (working on certification), and in training to become a sex therapist.

Experience:

- Adolescent counseling
- Cognitive behavioral therapy
- Brief Therapy/Solution Focused
- Group therapy.
- Psychoeducation
- Individual and group counseling
- Mental health counseling
- EMDR Trained
- Heart Centered Hypnotherapy trained.
- Doula- Maternal Mental Health
- Crisis intervention

Education:

- Springfield College—B.S. in Human Services
- Springfield College—M.S. Mental Health Counseling
- Cummings Graduate Institute Doctor in Behavioral Health Candidate 12/24 (Integrated Care)



Meet our Interns



Scout Burch

- Scout Burch is an MSW student at the University of North Carolina at Chapel Hill. She received her B.A. in Sociology, Criminology, and Religious and Ethical Studies from Meredith College and has a background in criminal justice advocacy. She was drawn to the field of Social Work through her experiences working with individuals who did not have access to mental health care. Scout is dedicated to expanding the reach of therapy and providing accessible care to those who need it most.
- She works as a Behavioral Care Intern with C3 Healthcare, developing skills in case management, research, and therapeutic practices. Through this internship, Scout is excited to expand her knowledge of research-informed practices and gain hands-on experience in one-on-one therapy.





Breanna Bivens

- My name is Breanna Bivens, I am originally from Fayetteville North Carolina, and currently reside in Raleigh. I am a senior and non-traditional student at Meredith college in Raleigh, North Carolina. Currently, I am pursuing my BSW as well as my BA in psychology. After graduation I hope to attend graduate school in an advanced standing program to earn my MSW. My experiences with social work began when I transferred to Meredith after earning my associate degree from Wake Technical Community College. During my first semester at Meredith, I learned about the importance of individual and community engagement as well as working to provide education and resources to different populations. This led me to begin volunteer work in my community at the local health education center. I have also taken part in the planning and implementation of numerous social and service events on campus aimed at education, community building, and mentorship. My goal after completing my MSW is to enter the field of medical social work. For my internship at MindHealthy I am hoping to continue developing and honing the skills needed to complete effective clinical work. Opportunities to provide patient care and understand back-end processes like billing and medication management are things I believe will be vital to my success in the medical social work profession. I look forward to experiencing all that C3 HealthcareRx and the collaborative care model have to offer patients in accessing quality mental health resources and removing access to care barriers.



Lauren Wallace

- Lauren is a first year Master of Social Work (MSW) student at UNC-Chapel Hill. She is currently working as a Behavioral Care Manager Intern for MindHealthy at C3 HealthcareRx. Lauren previously worked as an intern for the Orange County Housing Department during her first semester of her MSW program. There, she helped Orange County residents experiencing housing insecurity obtain emergency financial aid from Orange County Housing to divert eviction.
- Before starting her master's, Lauren studied eating disorder operationalizations as a research assistant for Dr. Anna Bardone's lab at UNC-Chapel Hill within the Psychology Department. She received her B.S. in Psychology with a second major in Hispanic Linguistics from UNC. During her time at C3 HealthcareRx, she hopes to build upon her clinical skills working from a strengths-based and ecological perspective with diverse patients, including LGBTQIA+ and BIPOC individuals. Lauren is also interested in gaining experience in conducting clinical assessments and supporting patients who are experiencing mild to moderate mood and/or anxiety disorders.



